

# Meals on Wheels West

SERVING SANTA MONICA, MALIBU, PACIFIC PALISADES, and TOPANGA

*Delivering Smiles a Meal at a Time*



---

*Established*  
*1974*

**ANNUAL REPORT**

**2008-2009**

# Table of Contents

---

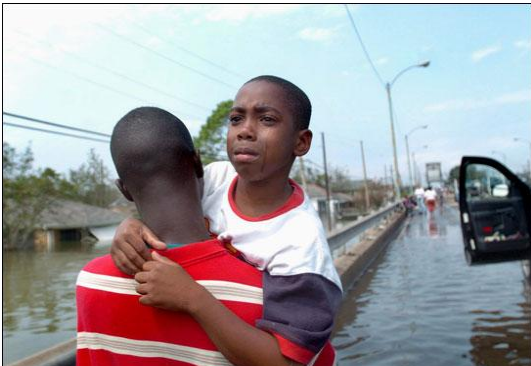
---

Our role has expanded . . . . .	2
Message from the President/CEO . . . . .	3
Program Services . . . . .	4
Funding Sources . . . . .	5
Board of Directors and Council . . . . .	6
Financial Statement of Activities . . . . .	7 & 8

# Our role has expanded

as a response to the demands of our ever changing world

---



**Homeland Security** has acknowledged that **Meals on Wheels** programs around the country are the best resource for the care of the senior & disabled population in times of emergencies, community threats and natural disasters.

- ✓ Meals on Wheels West is an active partner in SMOAID (Santa Monica Organizations Active In Disasters)
- ✓ Hurricane Katrina – Meals on Wheels West provided 870 meals to the relocated families under the care management of the American Red Cross of Santa Monica.
- ✓ 1994 Northridge earthquake – Meals on Wheels West provided assistance in contacting family members of our displaced participants along with providing their nutrition and reassurance that someone cares.

Since 1974, Meals on Wheels West has been serving the community's homebound person – someone who is not able to shop or cook for themselves – regardless of age or duration of need. Our vision is to eliminate hunger, isolation and to provide the means to live independently.

- ◆ Veterans returning home from overseas conflicts are a growing segment of the homebound population needing Meals on Wheels
- ◆ Caregivers are increasingly becoming a vital component in our social fabric. Nearly 25% of American households care for someone over 50 years of age. Meals on Wheels West can assist the caregiver by providing daily home delivery of two meals and a caring visit by our volunteers.
- ◆ Any person who is experiencing a life-style change due to age, health or disability or is undergoing short-term convalescing; at-home post surgical rehabilitation—our youngest meal recipient is 25 and our oldest is 103 years young!

***Meals on Wheels West must continue to be the safety net...no matter the circumstance***

Meals on Wheels West can feed a participant in the comfort of their own home for one year for what it costs to stay in a hospital for one day!

# MESSAGE FROM THE PRESIDENT/CEO

*Delivering smiles a meal at a time*

## There is a Brighter Side

Change is in the wind! We've seen many of our fellow citizens lose their homes, jobs and future security for many basic living needs. With the knowledge that we are a resilient and caring people, there is the feeling of hope that there will be a brighter future for us all, though it may take a while to get there.

Recently, mankind has experienced a number of natural devastations along with the man-made variety of disasters affecting the quality of life for the survivors. It was in similar trying times during WW II that the first conception of Meals on Wheels was realized. Amazingly, the volunteers dodged the bombs of the blitzkrieg over England with nothing but canteens of nourishment and possibly a baguette to share with those displaced persons living in bomb shelters and hovels, if they were fortunate.

Since 1974 Meals on Wheels West has provided a brighter future for those who are experiencing their own tumultuous change in their lives. Like those persons facing sudden job & home loss, our clientele has faced health and mobility issues that have caused major life-style changes including isolation, malnutrition and hopelessness. Just by addressing these basic living needs, our homebound citizens may remain in their own home rather than be placed in an institution or care facility.

Without our treasured volunteers, friends and supporters, who are all the caring angels allowing Meals on Wheels West to remain resilient in these difficult times. Your continued support of our mission to nourish and enrich the lives of those persons who suddenly find themselves home, alone and hungry is deeply appreciated. Your willingness to share and be of service affects the quality of life for so many...you would be surprised.

The participation of our beloved supporters and volunteers is the **brighter side** of life.

**THANK YOU!**

## MISSION STATEMENT

Meals on Wheels West is dedicated to nourishing and enriching the lives of the homebound elderly, frail, ill, disabled and convalescing person by delivering healthy meals and providing services promoting self-esteem and independent living.

Our vision is to eliminate hunger, isolation and to foster independence.

For more than 34 years, Meals on Wheels has distinguished itself as a cost-effective provider of nutritious services to homebound person in our community of all ages. Program eligibility requires a demonstrated need for the service, i.e., a disability which inhibits shopping, preparing or cooking meals.

Santa Monica Meals on Wheels was established in 1974 and started with eight clients. In March 1996, we incorporated as an independent non-profit organization gaining our 501(C)(3) tax exempt status. Malibu was added to our service area in 1991 and the Pacific Palisades in 1996. Topanga was added in November of 2001. The program presently serves an average of 250 clients a day.

We rely on public funds, private grants and charitable contributions and funds from the California Area Agency on Aging through allocations from the Federal Older Americans Act and United States Department of Agriculture. We also receive Community Development Block Grants from the cities of Santa Monica and Malibu. Still retaining our independent non-profit status, we do not have age restrictions or any waiting lists.

Our service provides the home delivery of two meals every day, Monday through Friday, one hot entrée and one cold meal. We also provide frozen meals on weekends. Liquid nutrition is available and most special dietary needs are fulfilled. Also available are breakfasts and frozen weekday meals.

Along with our daily meal delivery which provides an invaluable social experience for our isolated clients, we conduct a telephone re-assurance program. Through this program, our clients' needs are monitored. Combined with our daily visits and telephone contact, our homebound clients are assured that someone cares and that they are not forgotten. Through our network of collaborative agencies, referrals may be initiated to address lifestyle condition and needs that we are not able to address.

---

**Annual Fund raising events:**

Variable

**City of Malibu:**

Annual grant application from Community Development Block Grants  
Funds vary based on City's budget and cost of living increase.

**City of Santa Monica:**

Annual grant application from Community Development Block Grants  
Funds vary based on City's budget and cost of living increase

**Client's fees:**

No one is turned away for his or her inability to pay. Sliding scale is available.

**Combined Federal Campaign:**

Variable – *categorized as an "Unaffiliated Local Agency" code 57130*

**County of Los Angeles:**

Funds from the Older American's Act and United States Department of Agriculture

**In-Kind Contributions:**

Variable

**Solicited & unsolicited donations:**

Variable

**Wolfgang Puck Charitable Foundation:**

Annual grant application  
Funds vary based on success of annual "American Wine and Food Festival"

## Board of Directors

Robert McKim  
*Chairperson*

Melissa Dagodag

Kathrine Russell

Harris Smith

Brandt Daniel

Rob Sherman

## Council Members

Craig Fingold

Mark Olson

Veronica Nessim

Dave Romano

## Honorary Board Members

Barbara Lazeroff

Wolfgang Puck

Joe Regalbuto

## Staff

Rosemary Regalbuto

President/CEO

Kevin McNulty

Associate Executive Director

Joanna Vasquez

Director of Operations

Bernadette Cooney

Client Coordinator

Mona Philip-Guide

Accounting

Branka Sahbegovic

Outreach Coordinator

## Statement of Activities

*YEAR ENDED JUNE 30, 2009*

## Unrestricted Public Support and Revenue

Contributions	\$ 298,003.00
Government Grants	\$ 139,839.00
Meal Fees	\$ 149,084.00
In-kind contributed meals	\$ 19,520.00
Fundraising events, net	\$ 14,067.00
Dividend and interest income	\$ 8,953.00
<b><u>Total support and revenue</u></b>	<b><u>\$ 629,466.00</u></b>

## Expenses

Program services	\$ 501,025.00
Management and general	\$ 74,827.00
Fund Development	\$ 72,431.00
<b><u>Total expenses</u></b>	<b><u>\$ 648,283.00</u></b>

## Change in unrestricted net assets \$ (18,817.00)

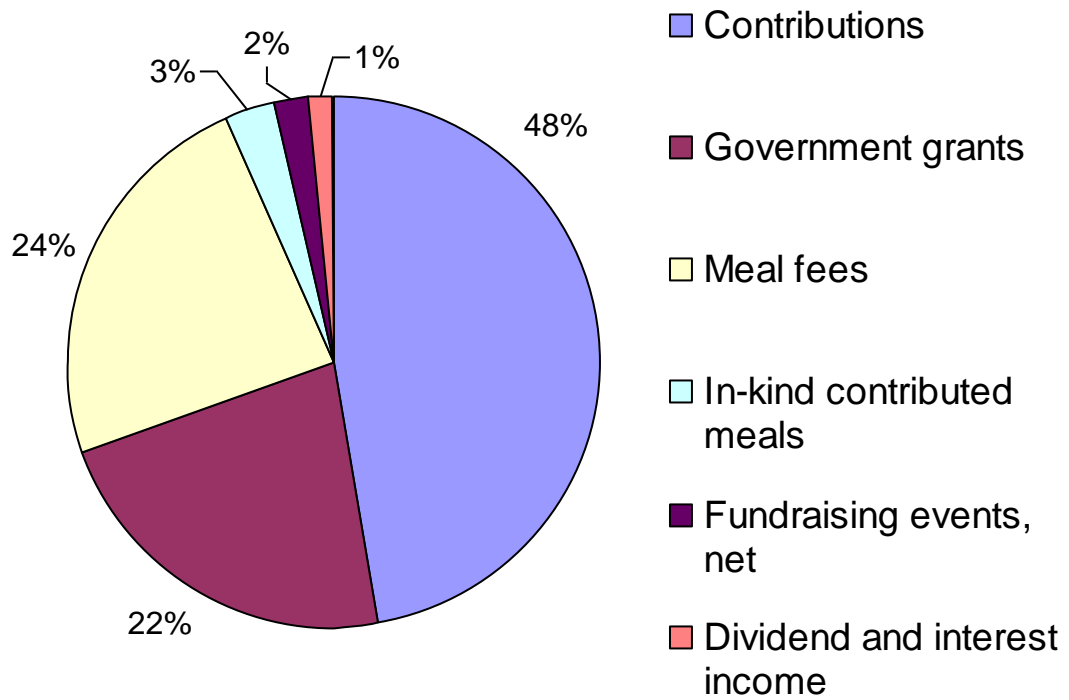
Net unrestricted assets – beginning of year	\$ 338,807.00
Net unrestricted assets – end of year	\$ 329,990.00

## Statement of Activities

FISCAL YEAR ENDED JUNE 30, 2009



# REVENUE



# EXPENSES

